In people with chronic illnesses, the perceived impact of current crisis is associated with suicide risk only in those with greater depressive symptom burden

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Objective: To assess the relationship between perceived impact of the current social and financial crisis and suicide risk in people with long-term medical conditions (LTCs), and whether this relationship is moderated by depressive symptom severity after adjusting for confounders.

Method: In a cross-sectional design, 140 patients with diabetes, COPD, and rheumatic diseases attending follow-up clinics during a 4-monty period were interviewed with the MINI. We assessed the independent associations of perceived impact of current crisis with suicide risk (Risk Assessment of Suicidality Scale) and whether depressive symptom severity (PHQ-9) moderated this relationship in hierarchical multiple regression models after adjusting for demographics and comorbidities.

Findings: Twenty-seven patients (19.3%) were considered suicidal and 37 (26.4%) were diagnosed with Major Depressive Disorder according to the MINI. The perceived impact of current crisis was significantly associated with suicide risk independent of demographics and comorbidities (b=0.194, p=0.027). However, moderation analysis showed that the current crisis influences suicide risk only in those patients with greater depressive symptom burden as assessed by the PHQ-9 (p<0.01).

Conclusion: Psychopathology is high in people with long-term medical conditions in the era of the current Greek social and financial crisis. Even though the association between recession and suicidality has been previously evidenced, present findings indicate that the perceived impact of crisis is associated with suicide risk only in those with greater depressive symptom burden. A key policy priority should therefore be planned for the care of people with LTCs presenting with severe depressive symptoms, if we are to alleviate the consequences of the current Greek social and financial crisis.

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